

# Research on Music Expressiveness of Piano Teaching Based on Music Elements

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**Abstract:** In piano performance, musical expressiveness can vividly present music works to the audience, thus moving the hearts of the audience and making them resonate. Therefore, in piano teaching, we should pay more attention to students' musical expression and improve students' musical expression. In this process, piano teachers must make clear the core objectives of teaching and training, find out the shortcomings in traditional teaching, and enable students to constantly enhance their comprehension and understanding of piano music while learning the theory and basic skills, so as to truly strengthen their application quality. Especially for students, in the entire performance learning process, it is not only necessary to learn and master the music performance skills, but also to fully integrate the emotion and charm of the piano art to comprehensively improve the musical expression and comprehensive quality. , So as to realize the true interpretation of the connotation and artistic emotion of music works in continuous practice and training, and lay a solid foundation for the future piano art learning path. This paper mainly studies and discusses the application of performance skills integrated with music elements in piano teaching, in order to provide suggestions for piano teaching and promote the improvement of students' piano performance skills.

## 1. Introduction

Music is a universal language that transcends national boundaries and nationalities, and it is also an eternal existence that transcends historical time and space. The role of music is to express human emotions through the ingenious combination of sounds, so as to allow listeners to produce spiritual edification that touches the soul [1]. In piano teaching, musical expressiveness is very important to the actual performance of students. Having a strong musical expressiveness can enable students to understand musical works more deeply, integrate their own feelings into the performance, and make the music infectious, Vitality and external tension. For a long time, piano teaching has been miscellaneous and chaotic, teachers' teaching methods have not obtained a consensus, and students can not really experience it in the learning process [2]. Excellent music works not only show life, but also express the internal emotions higher than life, which can give listeners a pleasant feeling and promote their ideological and spiritual sublimation. For teachers, in the process of piano teaching, we should formulate targeted teaching methods to guide students' basic functions, playing skills, psychological quality and understanding ability, so that students' musical expression can be improved and improved [3].

The first problem in piano teaching is the inconsistency of teaching objectives and teaching content. Even after the teaching objectives are clear, students' confusion in piano practice is also an important reason for the lack of "musical taste" in current music education. Understanding the misunderstanding [4]. Cultivating students' good musical performance in piano teaching is actually to encourage students to appreciate the emotions of the works while using playing skills proficiently, and integrate their own feelings and understanding into it, deepen their understanding of music, and promote students' music Cultivation of comprehensive qualities. However, in the actual piano teaching, teachers do not have a good grasp of piano teaching methods, resulting in students' immature piano performance skills. Therefore, how to make the most basic music theory knowledge of music elements participate in the whole piano teaching and how to improve students'

performance skills are urgent problems to be solved at this stage [5].

## **2. Teaching and Training of Integrating Musical Elements into Piano Performance**

### **2.1 Relaxation Training of Piano Playing Skills**

For teachers, in the process of piano teaching, we should formulate targeted teaching methods to guide students' basic functions, playing skills, psychological quality and understanding ability, so that students' musical expression can be improved and improved [3]. Musical works are not simply pop-up sounds, just like literary works are not simple words and phrases, they are the expressions of the composer's full of thoughts, surging thoughts, and thoughts and imaginations transforming abstract consciousness into musical notes in a specific situation. Musical expressiveness is also a key concept in music aesthetics, which refers to the use of musical instruments' timbre to control the ups and downs of the rhythm of music, to show the style of the work and express specific thoughts and emotions. It can be said that as long as the performer can give full play to his imagination to interpret the works, the on-site appeal of the music can be effectively enhanced, and then he can resonate with the on-site audience emotionally and obtain the best stage performance effect. In addition, teachers should also pay attention to the cultivation of students' imagination, create a relaxed and pleasant teaching atmosphere for students, encourage them to enrich their artistic imagination and re create their works.

Music expressiveness includes emotions, imagination, artistic conception, emotions, etc. except notes, which is an indispensable and important content in piano performance. However, the artistic charm of piano is not only limited to the audio-visual enjoyment brought by playing skills, but also needs to let the audience feel the infection and influence of "the voice outside the piano" on the mind, soul and spirit through the emotional connotation contained in music works, which involves the category of musical expressiveness. The training of piano playing skills does not happen overnight. Complex playing skills require long-term exploration. Only by proficiently integrating one's own comprehensive qualities can the artistic charm of the work be truly expressed [7]. In piano teaching practice, students' musical expressiveness includes students' comprehension of music. It will reflect the style characteristics of music and students' understanding of emotions through rhythms, notes, etc., and give listeners great imagination. Let the audience gain an artistic experience and be infected from it, which is the ultimate goal of musical expressiveness.

### **2.2 Piano Performance Skills Implementation and Promotion Training**

The training on the characteristics of piano performance skills is a special skill training, which is mainly the implementation and promotion of performance skills (including rhythm, strength, key touch mode, clause and pedal). Improving performance skills is one of the main ways to improve students' music expression. In order to improve students' performance skills, students first need to have the spirit of hardship and study and practice the basic skills related to performance skills, so as to make themselves have solid basic skills. Music characteristic is the key to music expressiveness. It determines what methods and skills, performing emotions and physical strength players need to express music. Touch key skills can help students to experience and feel piano skills from different angles. As an important part of human body, hand is equally important in piano performance. For example, when students understand and master the relationship between the first joint of fingers and keys, they can gradually master the timbre in actual performance, so the training of fingertip sensitivity is very important [8]. Different people have different understanding and accomplishment of music, and their cognition of music is also very different. Therefore, they often gain different insights in the process of experiencing the same work, and arousing the audience's inner feelings and insights is the embodiment of music expression.

## **3. Based on the Core Literacy Education Situation, the Cultivation and Training Strategies of Students' Musical Expressiveness in Piano Teaching**

### **3.1 Practice Makes Perfect Performance of Piano Music is the Basic Premise**

Influenced by various factors, such as psychology, knowledge, technology, etc., it is often difficult for students to control the playing speed when actually performing music. The use of “free key-dropping” can make the muscles in a state of extreme relaxation, the elbow joint should not be close to the body, the arm should be lifted, the elbow joint, wrist joint and fingers should be fixed to a degree so as not to make the arm stiff, and the key-touching position of fingers should be convenient to touch the keys to be played [9]. Therefore, in today's piano teaching in colleges and universities, in order to improve students' piano learning effects and promote the cultivation of students' comprehensive musical quality, teachers should put the cultivation of students' expressiveness as the top priority. Taking piano art teaching activities as an example, during the period of cultivating and improving students' musical art expressiveness, piano teachers should also carry out targeted training and training activities of basic music skills for students in accordance with the needs of curriculum teaching development. The basic skills of piano performance are only the basis of musical expressiveness, and the stable psychological activities and emotions of the performer are the sublimation of artistic expression. Therefore, the quality of the player's psychological quality is the key factor that determines the success of the piano performance. Teachers should suit the remedy to the case according to the actual situation of students, and train students in rhythm, strength, key touch mode and pedal. For rhythm training, they can use the metronome to strengthen students' rhythm, borrow the fixed rhythm points of the metronome to train, and fix their inner sense of rhythm, so that students can develop a good habit of strengthening counting beats. “Rise and fall” is one of the most basic skills in the piano enlightenment education book. The method is shown in Figure 1.



#### 4. Conclusions

The popularization of music theory knowledge of music elements is inseparable from the basic piano teaching. The two complement each other and complement each other. The essence of teaching, correct teaching method is not only the prerequisite for playing various complex skills, but also an important method to play beautiful timbre in piano playing. On this basis, this paper discusses how to effectively cultivate and improve students' "musical expression" and "musical literacy" through scientific methods in the process of piano teaching. Obviously, professional piano performance not only cultivates students' sentiment, but also improves students' artistic self-cultivation and makes students master more rich music expression skills. Teachers should strengthen the training of students' playing skills, playing speed and sense of rhythm, guide students to expand their professional knowledge, organize students to participate in social art practice activities, and improve students' comprehensive ability and quality through various forms of practical performances. In piano art learning, college students should not only pay attention to the development of playing skills, but also improve their psychological quality and integrate deep thinking and spiritual perception, so as to show the original charm of the works and enhance the musical expression and make the audience resonate. Piano teaching should get out of the misunderstanding of emphasizing skills and partial theory. Pay attention to the cultural understanding of music works, and guide students to exert their imagination and creativity, enhance the emotional power of piano music, stimulate the audience's resonance in emotion, and explain the charm of music from the performance of works full of sound and emotion through playing skills, grasping timbre, using finger strength, and improving hearing and perception ability.

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